



**British Training**

**Leadership Unleashed Elevating Team Performance and Mastering  
Managerial Excellence Training Course**

**#LD9903**

# **Leadership Unleashed Elevating Team Performance and Mastering Managerial Excellence Training Course**

## **Introduction:**

Effective leadership is the cornerstone of thriving teams and sustainable organizational success. Recognizing this imperative, British Training Center has meticulously designed this program to empower professionals with the tools and insights needed to navigate modern leadership challenges. Whether steering cross-functional teams or driving strategic initiatives, this course bridges theory and practice, fostering leaders who inspire, innovate, and deliver measurable results.

## **Training Objectives and Impact:**

### **By the end of this program, participants will be able to:**

- Apply adaptive leadership styles to diverse team dynamics.
- Design actionable strategies to enhance team collaboration and productivity.
- Resolve conflicts constructively while maintaining team morale.
- Delegate tasks effectively to optimize resource utilization.
- Evaluate team performance using data-driven metrics.
- Cultivate a culture of continuous learning and accountability.
- Align team goals with organizational vision for cohesive execution.

## **Targeted Competencies and Skills:**

- Strategic Decision-Making.
- Emotional Intelligence.
- Conflict Resolution.
- Effective Communication.
- Coaching and Mentorship.
- Operational Agility.

## **Target Audience:**

### **This program is tailored for:**

- Newly appointed team leaders and supervisors.
- Mid-level managers aiming to refine their leadership approach.
- Project managers overseeing cross-functional teams.
- HR professionals involved in leadership development.
- Aspiring leaders preparing for managerial roles.

## **Course Content:**

### **Unit One – Foundations of Effective Leadership:**

- Defining leadership vs. management.
- Core principles of situational leadership.
- Building trust and credibility within teams.
- Ethical decision-making frameworks.
- Self-assessment: Identifying personal leadership gaps.

### **Unit Two – Communication and Influence:**

- Active listening and empathetic communication.
- Delivering constructive feedback.
- Persuasion techniques for stakeholder buy-in.
- Navigating difficult conversations.
- Leveraging non-verbal communication.

### **Unit Three – Team Dynamics and Conflict Management:**

- Stages of team development (Tuckman's model).
- Diagnosing and addressing dysfunctional team behaviors.
- Mediation strategies for resolving disputes.
- Fostering psychological safety and inclusivity.
- Case studies on conflict-to-collaboration transitions.

### **Unit Four – Performance Optimization and Delegation:**

- Setting SMART goals for teams.
- Prioritization frameworks (Eisenhower Matrix).
- Delegation based on skills and workload.
- Monitoring progress without micromanaging.
- Recognizing and rewarding high performance.

### **Unit Five – Strategic Leadership and Sustainability:**

- Aligning team objectives with organizational strategy.
- Leading through change and uncertainty.
- Risk management and contingency planning.
- Succession planning and talent development.
- Creating a legacy of leadership excellence.