



**British Training**

# **Advanced Strategies for Leading High-Performance Teams Training Course**

**#LD5068**

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## **Introduction:**

The ability to lead high-performance teams is a critical skill for achieving organizational success. The British Training Center is proud to present this comprehensive training program designed to equip leaders with the tools, strategies, and insights needed to foster collaboration, drive productivity, and inspire excellence within their teams. Whether you are an experienced manager or an emerging leader, this course will provide you with the knowledge and practical skills to transform your team into a high-performing unit.

## **Training Objectives and Impact:**

### **By the end of this program, participants will be able to:**

- Understand the key characteristics of high-performance teams and how to cultivate them.
- Develop effective leadership strategies to inspire and motivate team members.
- Foster a culture of trust, collaboration, and open communication within teams.
- Implement techniques to manage conflicts and resolve challenges efficiently.
- Enhance decision-making and problem-solving skills within a team setting.
- Measure and evaluate team performance using actionable metrics and feedback mechanisms.
- Adapt leadership styles to meet the diverse needs of team members and organizational goals.

## **Targeted Competencies and Skills:**

- Leadership and team motivation.
- Emotional intelligence and interpersonal communication.
- Conflict resolution and problem-solving.
- Performance management and evaluation.
- Strategic thinking and decision-making.
- Adaptability and resilience in dynamic environments.

## **Target Audience:**

### **This program is tailored for:**

- Senior managers and team leaders seeking to enhance their leadership capabilities.
- Mid-level managers aiming to build and sustain high-performing teams.
- Project managers responsible for leading cross-functional teams.
- Emerging leaders preparing to take on greater responsibilities.
- HR professionals focused on team development and organizational effectiveness.

## **Course Content:**

### **Unit One - Foundations of High-Performance Teams:**

- Defining what makes a team high-performing.
- Key characteristics of successful teams.
- The role of leadership in team success.
- Understanding team dynamics and stages of team development.
- Identifying common challenges in team performance.
- Building a shared vision and purpose within teams.

### **Unit Two - Leadership Strategies for Team Excellence:**

- Exploring different leadership styles and their impact on teams.
- Motivating and inspiring team members to achieve their best.
- Developing emotional intelligence as a leader.
- Building trust and fostering open communication.
- Empowering team members through delegation and autonomy.
- Adapting leadership approaches to diverse team needs.

### **Unit Three - Communication and Collaboration in Teams:**

- Enhancing communication skills for effective teamwork.
- Techniques for active listening and constructive feedback.
- Promoting collaboration and knowledge sharing.
- Overcoming communication barriers in virtual and hybrid teams.
- Leveraging technology to facilitate team collaboration.
- Creating a culture of transparency and accountability.

### **Unit Four - Conflict Resolution and Problem-Solving:**

- Identifying the root causes of team conflicts.
- Strategies for managing and resolving conflicts constructively.
- Encouraging healthy debate and diverse perspectives.
- Developing problem-solving frameworks for teams.
- Making data-driven decisions to address team challenges.
- Building resilience and adaptability in the face of setbacks.

### **Unit Five - Measuring and Sustaining Team Performance:**

- Setting clear performance goals and expectations.
- Monitoring and evaluating team progress using key metrics.
- Providing meaningful feedback to drive continuous improvement.
- Recognizing and rewarding team achievements.
- Strategies for maintaining long-term team performance.
- Creating a roadmap for ongoing team development and growth.